

Horsham Camp – 3rd – 5th May 2025

Timetable

Date published: 6 April 2025

Saturday 3 rd May 2025		
12:00 – 13:00	Registration	
13:00 - 14:30	Godfrey	Catherine
	Chin-na techniques	Sword form and applications
14:30 – 15:00	Break for refreshments and to finish registration	
15:00 – 16:30	Steve	Paul
	Sabre Form “two for the price of one”	Applications within 4 Directions (Chance to look at Wu style as taught by Long Wei Tek)
16:30 – 17:00	Tidy up and finish registration	
18:00 onwards	Evening socialising with pizza and beer!	
Sunday 4 th May 2025		
09:30 – 10:00	Registration	
10:00 – 11:30	Cliff	Othmar
	2 sabres against one	Longform – Challenge yourself for fun result
11:30 – 11:45	Break for refreshments	
11:45 – 13:15	Catherine	Godfrey
	Ba Duan Jin (Immortal Family 8 pieces of Brocade. As taught within our style)	Sabre form and Applications
13:15 – 14:00	Lunch break	
14:00 – 15:30	Ladan	Paul
	Sword Applications (From end to beginning of form)	Applications within 4 Directions (Chance to look at Wu style as taught by Long Wei Tek)
15:30 – 15:45	Break for refreshments	
15:45 – 17:15	Steve	Ladan
	Form and Function (8 powers and concepts)	Sword Applications (From end to beginning of form)
Monday 5 th May 2025		
09:45 – 11:15	Othmar	Ladan
	Push Hands exercises for everyone	Sword Applications (From end to beginning of form)
11:15 – 11:30	Break for refreshments	
11:30 – 13:00	Othmar	
	Training Secrets for Tai Chi	