



HORSHAM WUDANG TAI CHI CHUAN

SPEAR FORM

(13 Techniques Spear)

1. READY STYLE
2. TAI CHI BEGINNING STYLE
3. FACING THE WIND BLOWING THE WILLOW
(Lu, Tan, Dian)
4. THE WAVES GOING UP AND DOWN
(Lu, An, Dian, Lu, Dian)
5. OBSTRUCTING THE RIVER TO INTERCEPT THE DIPPER
(Lu, Tan, Dian)
6. GREEN DRAGON STRETCHING ITS CLAWS
(Lu, Qian, Dian)
7. GIANT PYTHON TURNING ITS HEAD
(An, Ji)
8. GOLDEN DRAGON SWINGING ITS TAIL
(Qian, An, Dian)
9. GIVING THE HORSE ITS HEAD WHILE CHASING THE ENEMY
(Tiao, Ji)
10. THE BLACKBEARDED KITE FLIES AND THE FISH LEAPS
(Lu, An, Ji)
11. GOLDEN COCKEREL NODDING ITS HEAD
(Lu, Qian, Ji)
12. A WHITE RAINBOW SOARING OVER THE SUN
(Tiao, Dian)
13. LYING TIGER AND DIVING DRAGON
(Peng, Qian, Dian)
14. PLUM BLOSSOM OPENS FIVE PETALS
(Tan, Dian)
15. CELESTIAL HORSE WALKS THE SKIES
(Lu, Qian, Ji)
16. THE COMPLETION STYLE



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EIGHT METHODS OF USING THE SPEAR

1. **Peng** – using force in an upward direction
2. **Lu** – use of force to either side
3. **Ji** – use of force straight and to the front
4. **An** – downward use of force
5. **Tiao** – is to lift or stir up, usually exposing the opponents body head or limbs for a counterattack by coming underneath his weapon
6. **Tan** – is to rebound i.e., off the opponent's weapon into a thrust or strike simultaneously making lose his grip on or control over his weapon
7. **Qian** – means literally dragging/pulling thus spiralling or entwining the spear causing the opponent to lose balance or lose control of his weapon
8. **Dian** – is to dot or thrust focusing all the force on just one point