



# HORSHAM WUDANG TAI CHI CHUAN

## SABRE FORM

*(Xuan Xuan Dao, Dark Mysterious Sabre)*

1. TAI CHI BEGINNING STYLE
2. GRASPING BIRDS TAIL
3. BRUSH KNEE TWIST STEP
4. SEPARATING THE SABRE
5. DODGE AND DISPLAY THE SABRE  
(Lu & Tuo)
6. PICKING A STAR ON THE LEFT  
(Ti & Pi)
7. ADVANCE TO TEASE THE GENITALS  
(Tan)
8. WITHDRAW AND DIVERT  
(Liao, Lu & Tuo)
9. PIERCE THE HEART  
(Ci)
10. HANG THE GOLDEN BELL ON THE LEFT  
(Tuo)
11. PUSH OPEN THE WINDOW TO WATCH THE MOON  
(Chen & Tuo)
12. SWIVEL AND CHOP  
(Pi)
13. SWIVEL AND TEASE THE GENITALS  
(Tan)
14. HANG THE GOLDEN BELL ON THE LEFT
15. CLIMB THE MOUNTAIN TO LOOK INTO THE DISTANCE  
(Tuo? & Ci)
16. SPARROW HAWK TURNING AROUND  
(Tuo)
17. ROC SPREADING ITS' WINGS  
(Ci)

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18. SWALLOW ENTERING THE NEST  
(Tan & Liao)
19. ADVANCE AND DIVERT WITH THE SABRE  
(Pi & Lu)
20. STAB THE FACE  
(Ci)
21. SWIVEL HIDING THE SABRE  
(Pi)
22. POINT TO THE TROUSERS WITH THE SABRE  
(Ci)
23. CHOP THE TIGER  
(Pi)
24. SWALLOW ENTERING ITS' NEST
25. ADVANCE AND DIVERT WITH THE SABRE
26. PIERCE THE HEART
27. SWIVEL HIDING THE SABRE
28. ABOVE THREE OPENING STYLE  
(Ci)

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29. TAKING OFF THE BOOTS WHILE DRUNK  
(Liao)
30. LYING FISH STYLE  
(Chen)
31. CLOUD SABRE AND HIDING THE SABRE  
(Tuo & Pi)
32. STAB THE FACE  
(Ci)
33. TURN AROUND AND CHOP  
(Pi)
34. SEARCHING THE SEA  
(Tan)
35. RETRIEVING THE MOON FROM THE SEA  
(Lu, Ti & Tan)



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36. HANG THE GOLDEN BELL ON THE LEFT
37. PUSH OPEN THE WINDOW TO WATCH THE MOON
38. SEVEN STARS STYLE  
(Tuo & Chen)
39. HUNGRY TIGER JUMPS OVER THE STREAM  
(Ti, Pi & Liao)
40. STAB THE FACE
41. LYING TIGER STYLE  
(Pi)
42. HIDING THE SABRE
43. PIERCE THE HEART
44. COILED DRAGON  
(Tuo)
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45. COILED DRAGON STEPS QUICKLY  
(Tuo)
46. LYING FISH STYLE
47. CLOUD SABRE AND HIDING THE SABRE
48. PIERCE THE HEART
49. LYING TIGER
50. LYING FISH
51. CLOUD SABRE AND HIDE THE SABRE
52. STAB THE FACE
53. LYING TIGER
54. LYING FISH
55. CLOUD SABRE AND HIDE THE SABRE
56. PIERCE THE HEART
57. SWIVEL AND CHOP  
(Pi)
58. SEARCHING THE SEA
59. SWEEPING A THOUSAND SOLDIERS  
(Lu, Pi & Ti)
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60. PICKING A STAR ON THE LEFT
61. CHOP THE TIGER
62. RETURNING HORSE CARRYING A BELL  
(Liao, Pi & Lu)
63. EMBRACING THE MOON  
(Lu)
64. ROWING THE BOAT WITH THE CURRENT  
(Ci)
65. FLYING OBLIQUE  
(Tan)
66. ADVANCE AND CHOP WITH SABRE  
(Lu & Pi)
67. SWIVEL AND CHOP
68. SEARCHING THE SEA
69. SWEEPING A THOUSAND TROOPS
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70. SHOOTING STAR CHASING THE MOON  
(Pi)
71. CHOP THE TIGER
72. CLOUD DRAGON PLAYING IN THE WATER  
(Ti, Liao Tan & Pi)
73. SWIVEL AND CHOP
74. ADVANCE AND CHOP
75. HIDING THE SABRE
76. PIERCE THE HEART
77. PICKING A STAR ON THE LEFT
78. RETURN THE SABRE
79. BRUSH KNEE TWIST STEP
80. TAI CHI IN UNITY
81. COMPLETION STYLE



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## SABRE FORM

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### EIGHT METHODS OF USING THE SABRE

The Sabre and Sword methods of using the weapon are similar but not quite the same.

- Pi** to chop/split from various angles
- Ci** to stab/pierce
- Tan** to search out/slashing upwards to the groin
- Tuo** to push up left hand supporting the blade
- Ti** to lift an upwards diversion
- Liao** to stir diversion and slash in a continuous motion
- Chen** to sink diverting an attack pressing down
- Lu** to divert an attack to the side