



HORSHAM WUDANG TAI CHI CHUAN

SWORD FORM

(Qian Kun Jian, Heaven and Earth Sword)

1. READY STYLE
 2. TAI CHI BEGINNING STYLE
 3. GRASPING BIRDS TAIL
 4. GOLDEN NEEDLE POINTING SOUTH
 5. PASSING THE SWORD STYLE
 6. SPREADING THE SWORD STYLE
 7. HANGING THE SWORD STYLE
 8. INTERCEPTING THE SWORD STYLE
 9. RHINOCEROS WATCHING THE MOON
 10. STEP UP TO PROTECT THE KNEE
 11. SWIVEL AND DOT
 12. TURN BACK AND STAB
 13. HANGING THE GOLDEN BELL UPSIDE DOWN
 14. POINT TO THE TROUSERS WITH THE SWORD
 15. MALE AND FEMALE PHOENIX SPREADING WINGS
 16. SHOOTING STAR CHASING THE MOON
 17. LI GWONG SHOOTING AN ARROW AT A TIGER
 18. THE WHEEL ON THE LEFT AND RIGHT
 19. FISHERMAN CASTING HIS NET
 20. SPIN AROUND AND REIN IN THE HORSE
 21. STEP UP AND MOVE TOWARDS THE DOOR
 22. STEP BACK COILED DRAGON
 23. FACE TO FACE SWORD
 24. YELLOW DRAGON TURNING RIGHT
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25. PUI KUNG CLEAVING A SNAKE
 26. SHOOTING STAR CHASING THE MOON
 27. LI GWONG SHOOTING AN ARROW AT A TIGER
 28. EMBRACE THE MOON
 29. PIERCE THE HEART
 30. STEP BACK AND UNDERCUT THE GROIN
 31. TIGER LYING IN FRONT OF THE DOOR
 32. STEERSMAN ROWING THE BOAT
 33. ROWING THE BOAT WITH THE CURRENT
 34. AN IMMORTAL POINTING THE WAY
 35. DOT RED BETWEEN THE EYEBROWS
 36. CROSS THE KNEES AND CHOP
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37. STEP UP TO UNDERCUT THE GROIN
 38. EMBRACING THE MOON
 39. PIERCE THE HEART
 40. HANG THE BAMBOO BASKET ON THE LEFT AND RIGHT
 41. FAIRY DAMSEL THROWING A NEEDLE
 42. TURN BACK RAISING THE WRITING BRUSH
 43. FACE THE DOOR SWORD
 44. TIGER LYING IN FRONT OF THE DOOR
 45. CATCHING A GIANT TURTLE FROM THE BOTTOM OF THE SEA
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46. GOD OF LITERATURE RAISING THE WINE VESSEL
 47. SWING THE ARM BACK WITH THE SWORD
 48. TURN THE BODY AND PLANT THE SWORD
 49. FLICK THE WHIP TO THE LEFT AND RIGHT
 50. WHITE GIBBON OFFERING FRUIT
 51. TIGER LYING IN FRONT OF THE DOOR
 52. FALLEN PETALS WAITING FOR THE BROOM
 53. TIGER LYING IN FRONT OF THE DOOR
 54. TURN BACK TO PUT ON ARMOUR
 55. SWIVEL WITH THE SWORD
 56. ENCIRCLING THE MOON STYLE
 57. SINGLE WHIP STYLE
 58. HANGING THE GOLDEN BELL UPSIDE DOWN
 59. SWEEP A THOUSAND SOLDIERS ON THE LEFT AND RIGHT
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60. ADVANCE AND POINT TO THE TROUSERS
61. SCALY DRAGON HIDING AND ABOUT TO FLY
62. GREEN DRAGONFLY TOUCHING WATER
63. SWIVEL AND UNDERCUT THE GROIN
64. CLOUD SIGNAL FLAG THREE TIMES
65. ADVANCE WITH REVERSE CUT
66. DISPEL THE CLOUDS TO SEE THE SUN
67. MAGIC HAND PICKING A STAR
68. LEFT AND RIGHT THE HORSE TAIL BROOM IS BLOWN BY THE WIND
69. FIERCE TIGER JUMPING OVER THE STREAM
70. REMOVE THE LEG AND INTERCEPT
71. FISH LYING DOWN ON THE LEFT AND RIGHT
72. SPIN AND SWEEP ACROSS
73. YELLOW DRAGON TURNING LEFT
74. SPREADING ASIDE THE GRASS LOOKING FOR A SNAKE
75. THE WHEEL ON THE LEFT AND RIGHT
76. WHITE SNAKE PUTTING OUT ITS TONGUE
77. ROC SPREADING ITS WINGS
78. REIN IN THE HORSE TO WATCH THE TIDE
79. ENCIRCLING THE MOON STYLE
80. SINGLE WHIP STYLE
81. SPARROW HAWK PIERCING THE FOREST
82. ROC SPREADING ITS WINGS
83. PEASANT DIGGING WITH A HOE
84. FACE THE DOOR SWORD
85. SPIN AND SWEEP ACROSS
86. SHOOTING STAR CHASING THE MOON
87. SPIN AND SWEEP ACROSS
88. GREAT GRANDFATHER FISHING
89. SUPPORT THE BEAM AND REPLACE THE COLUMN
90. GOLDEN NEEDLE POINTING SOUTH
91. TAI CHI IN UNITY
92. SWORD COMPLETION STYLE



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EIGHT METHODS OF USING THE SWORD

The methods of using the Sword and Sabre are similar but not quite the same.

1. **Kan** – to chop/slice usually diagonally downward
2. **Liao** – to stir/divert and slash in a continuous motion
3. **Mo** – to stroke/rub as in a subtle circular diversion or delicate slice
4. **Ci** – to stab/pierce in any direction usually the flat of the blade is horizontal when stabbing the body to allow it to penetrate the ribs
5. **Chou** – is to draw forth as in an upward diversion using a whipping action
6. **Ti** – to raise the sword as in a defensive or counter offensive change of a guard. Indeed, many techniques are specifically designed for application with a change from left to right high guards or vice versa (e.g. Bamboo Basket, Swift Bird Darting Through The Forest).
7. **Heng** – is to sweep across in a horizontal diversion or attack, often followed by a thrust.
8. **Dao** – is to invert the sword so the butt of the guard is up and the point down. This can be used in a sideways or upward diversion or slice.