

# Horsham Camp – 4<sup>th</sup> – 6<sup>th</sup> May 2024

## Timetable

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For more information including prices please go to

<https://www.horshamtcc.co.uk/where-to-learn/ptcci-camp>

Or contact us: [peter@horshamtcc.co.uk](mailto:peter@horshamtcc.co.uk)

Saturday 4 <sup>th</sup> May 2024		
12:00 – 13:00	Registration	
13:00 - 14:30	<b>Godfrey Dornelly</b>	<b>Cliff Cox</b>
	Sabre form & applications	Seven Stars, Nine Palace, Four Directions
14:30 – 15:00	Break for refreshments and to finish registration	
15:00 – 16:30	<b>Steve Wooster</b>	<b>Cathy Birkinhead(with Cliff?)</b>
	Bamboo Bending	Straight sword form / applications / 8 forces
16:30 – 17:00	Tidy up and finish registration	
18:30 onwards	Evening socialising!	
Sunday 5 <sup>th</sup> May 2024		
09:30 – 10:00	Registration	
10:00 – 11:30	<b>Saar Avivi</b>	<b>Cathy Birkinhead</b>
	Cai lang, flying flower palm, 5 element arm	Straight sword form / applications / 8 forces
11:30 – 11:45	Break for refreshments	
11:45 – 13:15	<b>Godfrey Dornelly</b>	<b>Ladan Niayesh</b>
	Hand forms & applications	Nei gung applications - Yin
13:15 – 14:00	Lunch break	
14:00 – 15:30	<b>Othmar Vigl</b>	<b>Steve Wooster</b>
	Seven Stars, Nine Palace, Four Directions	Spear Form - applications
15:30 – 15:45	Break for refreshments	
15:45 – 17:15	<b>Saar Avivi</b>	<b>Ladan Niayesh</b>
	Sabre form, applications, sabre & spear routine	6 secret words
Monday 6 <sup>th</sup> May 2024		
09:45 – 11:15	<b>Ladan Niayesh</b>	<b>Othmar Vigl</b>
	Nei gung applications - Yang	Hand forms with focus on 10 paths
11:15 – 11:30	Break for refreshments	
11:30 – 13:00	<b>Saar Avivi</b>	<b>Steve Wooster</b>
	Advanced Hand forms with explanations of applications in the hand form	Form/Function plus some pushing hands and applications